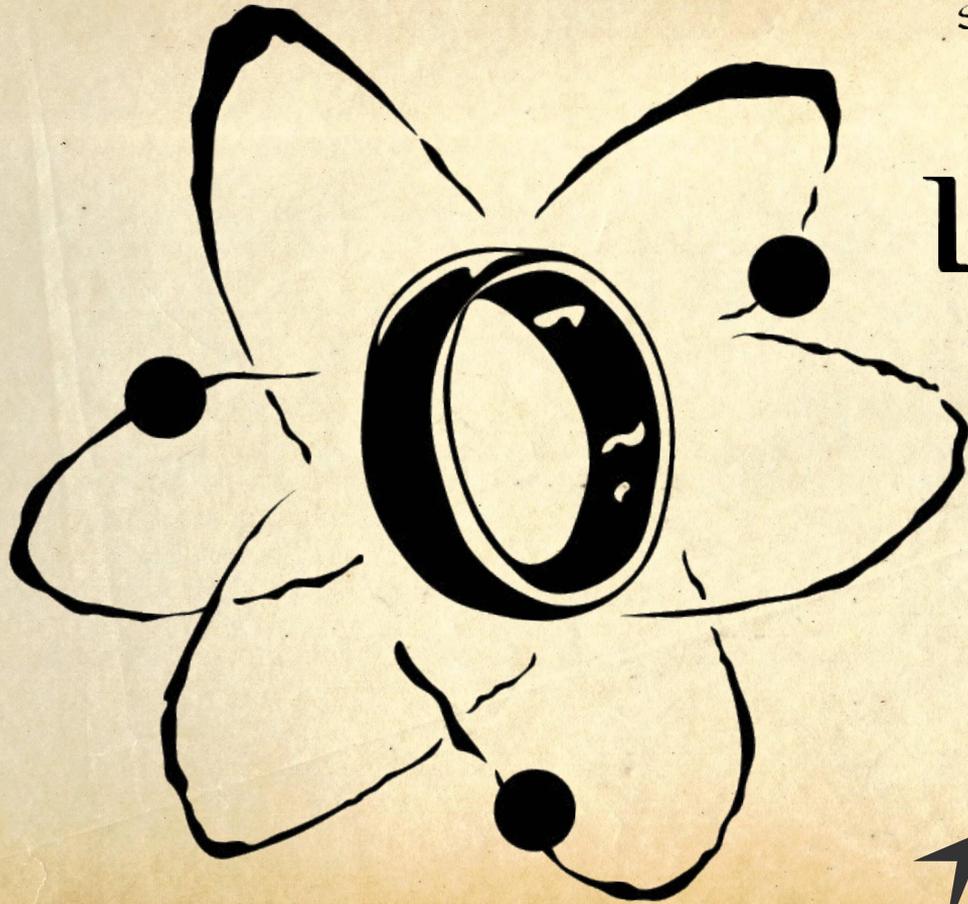


SURVIVAL GUIDE - SUMMER COURSE  
2022, BUDAPEST



# The LORD of the ENERGIES

The fellowship of the ATOMS

12 July 2022 - 19 July 2022

 **BEST**  
courses

 **BEST**  
BUDAPEST

## About Hungary...

**Hungary is a landlocked country in Central Europe.** The capital and the largest city is Budapest. Hungary is a member of the European Union and the Schengen area. The official language is Hungarian, which is the most widely spoken non-Indo-European language in Europe. **Hungary has a continental climate**, with hot summers with frequent rain showers and mildly cold snowy winters.

Population: 9,75 million

Total area: 93,030 km



# Budapest

**Budapest is the capital and the largest city of Hungary.** Budapest was founded by the merge of 3 cities Buda, Óbuda and Pest. On the right side lies the hilly Buda, while on the left the plain Pest, 14 bridges connect the two sides.

Some fun facts:

- **Hippos at the Budapest zoo are bathing in thermal water**

Budapest is the thermal bath capital of the world, there are 125 thermal springs all over the city. It's only fair to let the hippos have their fun in the water as well.

- **Budapest has the oldest underground in continental Europe**

The Budapest Millennium Underground line opened in 1896, making it the second oldest underground line in Europe (after the London Underground) but the first in continental Europe. Budapest underground system is also the only underground system in the world that is a UNESCO Site.



# Budapest

- **Budapest is known for its ruin pubs**

The Ruin Bars of Budapest have been quietly known for having been turned around from former ghettos into lively pubs and restaurants after young people of the city decided to renovate the abandoned houses with gardens and anything else they could find on the street. Today, they are epicenters of the city's youth, often holding parties, festivals, and all the nightlife you could want, with little to no rules and cheap food and drinks.



- **The tallest buildings in the city are 96 meters tall - for reason**

The tallest buildings in the city are the St. Stephens Basilica and the Parliament: both are 96 meters tall. This is a reference to the year Hungary was founded, in 896. No building can be taller than this. But all of us were deceived, for another **tower** was made with the height of 143 meters. It the new MOL Campus, they needed special permits to cross the limit.



# Our university...

... is the **Budapest University of Technology and Economics**, but we just call it **BME** (short form of the Hungarian name).

It was founded in 1782, so 240 years ago.

We have more than 110 departments operating within the structure of the eight faculties.

Our university has a big beautiful campus, it's divided to three parts by their age. And why I'm writing about this, is because we have a small training reactor at the campus. The training reactor was designed and built between 1969 and 1971, by Hungarian nuclear and technical experts. It first went critical on May 20, 1971.



## General infos

The course takes place from the **12th of July** (Tuesday/Arrival day) till the **19th of July** (Tuesday/Departure day). You should arrive on (or prior to) the 12th, as we have the Welcome Party that night :) Please keep in mind, that the first food provided will be the dinner before the Welcome Party. Most of the nights we will stay in a hostel in Budapest, except for the weekend trip. You'll get 3 meals per day (included in the fee), at least one will be hot.

## What we ask from you

- Those who need an **official invitation in order to obtain a visa** for entering Hungary, contact us as soon as possible to begin with your visa procedure as soon as possible!!!
- Please let us know in advance if you are a **vegetarian** or by any other reason, such as religion or health, need a **special diet**.
- Tell us if you have any **allergies!**
- Book your travel!
- Tell us the date and place of your arrival! We can provide accommodation before and after the event if it's needed, but you have to let us know in time.
- Your **covid vaccination infos**

We'll collect most of these infos, after you were selected for the course.

# What to bring

- Documents:
  - Insurance (The blue European insurance card, or other)
  - Youth student card/ International student identity card
  - ID, and if you need passport
  - Covid vaccination certificate
- Personal stuff
  - Towel, swimsuit, slipper
  - Hygiene stuff
  - Medicines (if you have any)
  - Comfy shoes and clothes for outdoor activities
  - Clothes for hot weather + a coat, or a jumper (night can be chilly and sometimes it rains)
- This survival guide on your phone + other infos, contacts you might need asap
- For International Evening
  - Typical music and food (or recipe) of your country
  - Typical drinks of your county are indispensable! ;)
  - Typical clothes, flag
- Musical instrument or camera, if you're really really brave
- Sunshine, happiness, BEST mood
- Alarm clock...

# Traveling to Hungary

You can reach Hungary several ways, by plane, by train, by bus or car. We have direct flights to most of the big cities in Europe. Train is a bit tricky, usually you have to change the line several times to get here, so it takes time. Flixbus is a bit more effective. We have several highways, they're pretty good and take you straight to Budapest. Of course coming by car is only worth it if you live close to Hungary. Highways are paying roads, keep that in considerations as well.



## How to get to the city centre

Transport maps: <http://www.bkk.hu/en/maps/> Also Google Maps tells you accurate information about public transportation.

**First of all, let us know when and where you will arrive!  
We will pick you up, and you don't have to take care about the following :)**



## Arrived by plane

You are most likely to land in Budapest-Liszt Ferenc International Airport. You have some choices:

**Taxi:** Very comfortable, but not the cheapest way.

### Public bus:

- Get on the 200E bus and get off at the final station Kőbánya Kispest . Here you can get on the metro line M3 and reach pretty much every point of the city. You need one ticket for the bus, and one for the metro. You do not need another one in case of changing metro line.
- The other way to get to the city center from the airport is to get on the 100E bus, which costs 900 HUF and takes you directly to Deák Ferenc tér.



How to get to the city centre

## Arrived by bus

Budapest has two major bus stations.

The **Népliget** station (flixbus also) is connected to metro line M3, while **Puskás Ferenc Stadion** station is connected to metro line M2. Another possible station if arriving with flibus is **Kelenföldi Pályaudvar** (previously a freight train station)

## Arrived by train

Budapest has three major international train stations. All of them are connected to the metro system.

The largest one, where most of the international trains arrive is the **Keleti Pályaudvar** (Eastern Railway station) is connected to metro line M2 and M4.

The **Déli Pályaudvar** (Southern Railway station) is connected to the metro line M2

And the **Nyugati Pályaudvar** (Western Railway station) is connected to metro line M3.



# Transportation in Budapest - Tickets

You can buy single tickets on most of the stations, metro underpasses from machines. We have an application where you can purchase tickets as well, this link takes you to the site where you can download the application: <https://bkk.hu/mobileticket/>

- One single ticket costs 350 HUF and you can use it on any transportation (bus/metro/tram/trolleybus) for one trip until you get off. **So they are valid only for one journey.**
- You can buy 10 tickets together in case you arrive together. 10 tickets costs 3000 Forints, so it is cheaper for one ticket.
- You can chose weekly, daily, 48 or 72 hours passes as well, if you plan to stay longer in the city. With these passes you can use almost all the public transport options in the city, without limit.
- 30 day student pass costs 3450 HUF, so if you would use at least 12 single line tickets it's worth to buy this pass, even if you only stay for a week or less. You need a valid student ID for this!

**You always have to validate your single line ticket** when you go down to the metro or if you get on a bus/tram. If you don't it is **8000 Forints on the spot**, or **16 000 Forints paid later**. In case of changing the metro lines underground, you don't have to validate a second ticket!



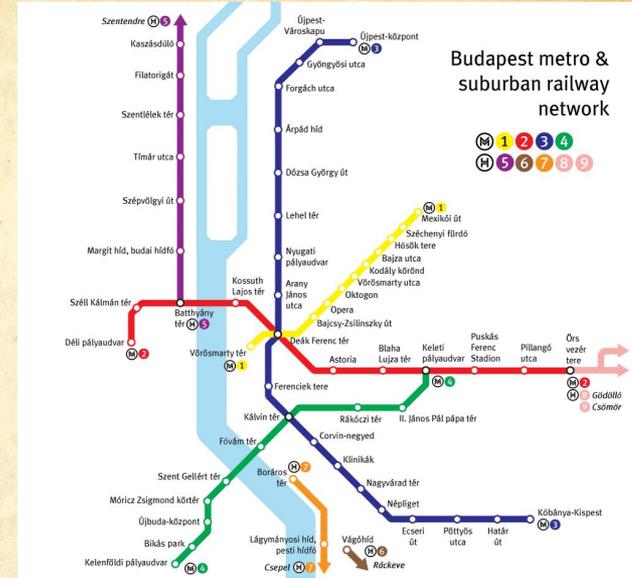
# Transportation in Budapest - Options

We have 4 **metro** lines, they marked with numbers (**M1,M2,M3,M4**). It's the fastest option and it covers the city centre very well. At the moment the middle section of M3 is under construction, the latest news are that it will be finished until the summer of 2022. So this probably shouldn't worry us, but we'll see.

We have several **tram** lines all over the city and **buses**. If you're adventurous, you can get on a **boat**, but for that you'll have to purchase an extra ticket.

One of the the best and cheapest way of traveling in the city is by **bike**. You'll need the **Mol Bubi** app (Bubi is short for Budapest bike) on your phone and internet connection. It's not free, but crazy cheap beside other public transport options. There are several stations all over the city where you can pick up a bike. For more info: <https://molbubi.hu/hu/>

**Don't worry, during the event your transportation is gonna be taken care of.**



# Money, money, money...

The official currency in Hungary is Forint. There are coins and notes. You can change money in exchange offices and in banks. There are ATMs everywhere, and you can pay by card in almost every shop.

**1 Euro is about 360 Ft** (check: [www.xe.com](http://www.xe.com))



Prices of some products and services:



Products and services	(HUF)	Prices (EUR)
Bus, metro tickets	~350	~1
Pizza (prices may vary)	~1500-2500	~4,2-7
1 liter of milk	~250-350	~0,7-1
1 kg of bread	~190-500	~0,5-1,4
1 scoop of ice cream	~250-400	~0,7-1,1
Big Mac Menu	~1630	~4,5
A pack of cigarettes	~1200-1600	~3,35-4,5

# Food

So after you exchanged money, what food should you try...

First things first, the traditional Hungarian dishes are pretty heavy, and we like our food spicy. So it's one kind of an experience, but don't worry we have some non spicy, not-that-heavy options as well. And if the Hungarian dishes are not for you, we have several other options.

**Goulash** - It is a meaty soup, on it's own can be enough for lunch. The meat is usually pork or cattle.

**Fisherman's soup** - It's a fish soup basically with paprika. In some regions people prepare the soup with potato in other regions with pasta or without either. There's an ongoing war between these people which kind is the real one, or the best.

**Lángos** - It's a kind of fried dough, we eat it with cheese, garlic or sour cream, the brave ones put all of this on once.

**Pancakes** - It's a sweet dessert, it's pretty similar to the french crepes. Our pancakes are filled with cottage cheese cream, cocoa powder or jam.



# Drinks

If you get thirsty in Hungary...

Probably the most famous traditional drink in our country is the Hungarian **pálinka**. This traditional Hungarian drink is under protection. It's made from fruits, the most typical are the plum, and peach, but the pear, cherry and sour cherry are common as well. We make it also from grape, then it's called **törköly**.

However, the grape is most commonly used to produce **wines**. Hungary is famous for its wines. We have many historical wine areas, the most famous is Tokaj.



Another really good, but less known product is the **Zwack Unicum**. The original one is an aperitif, made from herbs. For the youth the company makes Unicum Szilva, which is the same, but made with plums. So its flavor is strongly influenced by plum.



# Drinks

If you get thirsty in Hungary...

## Bubble up your wine!

Sommeliers, wine lovers, please don't read the next lines, because "fröccs" is something that you won't support for sure. This "spritzi" is made for those, who don't like beer, but want to have some refreshing drink with low alcohol content on a hot summer afternoon.

It has several versions and names depending on the wine – soda water (not mineral!) proportion. You can check this out on the right. →

It can be made of white or rosé. For the ladies there is a lighter version called "maci fröccs" (teddy spritz), when they put raspberry syrup in it.

	BOR (dl) WINE	SZÓDA (dl) SODA
KISFRÖCCS/FÜTTY	1 	1 
HOSSZÚLÉPÉS/FORDÍTOTT	1 	2 
HÁZMESTER	3 	2 
VICEHÁZMESTER	2 	3 
LAKÓFRÖCCS	1 	4 
MAFLA	5 	5 
KRÚDY-FRÖCCS	9 	1 
HÁZIÚR	4 	1 
BAKTERFRÖCCS	2 	2 
BAKTERANYÓS	3 	3 

# Language

After drinks a short language course...

We call our language “**magyar**”. The Hungarian grammar and vocabulary is completely different from the Indo-European languages which surround Hungary. No one knows where it came from since it mirrors nearly nothing known on the planet and follows no specific rules. The language is closest to Finnish and Estonian. Sadly this doesn't mean we understand each other :(.

It's really hard to learn and speak without mistakes but also, it's really colorful, has many variations for words and so we have wonderful literary words.

In addition to the standard letters of the Latin alphabet, Hungarian uses several additional letters such as: **á é í ó ö ő ú ü ű**.

Some useful phrases on the right →

in English	in Hungarian	the pronunciation
Hello	Szia!	[see ya]
Good morning	Jó reggelt!	[yo-reh-gelt]
Good afternoon	Jó napot!	[yo-nah-pot]
Good bye	Viszontlátásra!	[vee-sont-laa-taash-ra]
Thank you!	Köszönöm!	[kur-sur-nurm]
Yes	Igen	[ee-gen]
No	Nem	[nem]
Magical drink	Pálinka	[pah-lin-ka]
I love you!	Szeretlek!	[seh-ret-lek]
Help me	Segíts nekem	[shag-itch neck-em]
I'm thirsty	Szomjas vagyok	[some yash wad yolk]
Cheers!	Egészségedre!	[egg-aysh-sheag-adre]
1	egy	[Edy]
2	kettő	[Cat-tour]
3	három	[Ha-Rome]

# Good to know

## Some common laws in Hungary that might be good to know:

- You're not allowed to have had consumed any alcohol if you drive.
- You're not allowed to have, consume or distribute any drugs.
- You're not allowed to drink alcohol in public places, in public transport, etc.
- Smoking is forbidden in every bus, tram, underground stops, railway stations, under passes, bars, restaurants, schools, hospitals, casinos, and at the airport.
- Cigarettes can be bought only in a few shops, called "Nemzeti Dohánybolt".



## How to phone:

- We have three mobile suppliers Vodafone (70), Telenor (20), T-Mobile (30). From Hungary to call another country dial 00 or "+" and country code (Hungary's Country code is +36)
- Emergency number: 112

# Good to know

## Electricity:

230V AC, 50Hz, socket looks like:



## Time Zone:

UTC+1

## Usual weather in July:

High temperature: 26 °C

Low temperature: 16 °C

July can be pretty hot, but frequent rain showers are common as well during this time of the year. So a raincoat or an umbrella is never a bad idea.

## Internet:

4G/3G is almost reachable everywhere. Roaming works in Hungary. Malls, coffee shops, pubs and other public places have free wifi.

## Contacts

And last but not least, let me introduce myself. I'm Lidi main organizer of this course. There's a pic of me, so you can stop wondering how I look like.

If you feel lost or have any questions regarding the course, don't hesitate to contact me!

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